

Clinical practice for diaper withdrawal in elderly person using original manual specialized in urinary management

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We conducted prospective trial in order to validate a clinical usefulness of independently developed urinary management manual for elderly residents in care facilities who are managed their urinary incontinence using diaper throughout a daily life. The evaluation of micturition relating ADL following to the function of lower urinary tract were conducted according to each step of the urinary management manual, and resulted in 47 populations (19 males and 28 females) being selected as promising candidates for trial of diaper withdrawal. We could elucidate sufficiently high rate of diaper withdrawal early after an appropriate medical intervention through urologic specialists. The present result may indicate that efficient urinary management including diaper withdrawal is possible in elderly person by using a simple manual specialized in urinary management