Title
Determinants of worker role performance among professionals in nursing homes

Authors
Hiromi Nakamura-Thomas, Professor, Graduate School of Health, Medicine and Welfare,
School of Health, Medicine and Welfare, Saitama Prefectural University
Makoro Kyougoku, Head Professor, School of Health, Medicine and Welfare,
KIBI International University
Shoko Shimazaki, Occupational Therapist, Nursing Home Espoir Koshigaya,
Student of Graduate School of Health, Medicine and Welfare, School of Health,
Medicine and Welfare, Saitama Prefectural University (from April 2023)

【Abstract】 This study aimed at identifying variables, influencing worker roles among health care professionals, working for institutionalized older people and proposing a possible intervention to support their worker role. Participants were 100 health care professionals, working for institutionalized older people in Saitama prefecture. As the main characteristics, 50% of them indicated one year as their working durations in the current institutions, 82% of them were full time workers, 74% were female, 85% resided with others, and 60% were married. In terms of age groups, 27% of them were in their 20's, followed by in their 30's (30%) and in their 40's (25%). Regarding their educational history, 50% them were graduated from junior college or technical/vocational schools. Data were collected using the Worker Role Interview (WRI), Work Environment Impact Scale (WEIS), Kessler 6 (K6), and Health related quality of life (SF36). This study found that positive perception of the worker role correlated with mental health at a fair level. This study suggested that supporting mental health among the target people had a potential to contribute to their positive perception of their worker roles.